



**Nauset Regional High School
Athletic Department
John Mattson
Director of Athletics**

Dear Nauset Parents & Student-Athletes,

I wanted to provide the latest update regarding our upcoming fall sports season. Based on MIAA/DESE/EEA Guidelines, the Cape & Islands League Executive Board voted earlier this week to allow boys golf, cross country, boys soccer, girls soccer and field hockey to compete during the Fall I season. Football, cheerleading and volleyball will compete during the Fall II season. Please see attached press release from the Cape & Islands League for further details regarding these decisions.

The Fall I season at Nauset will begin on Monday, September 21st. This will be the first day of practice for boys golf, cross country, boys soccer, girls soccer and field hockey. Football will begin practice sessions 2 or 3 days per week starting on Monday, September 28th. Volleyball and cheerleading will not run any practice sessions during Fall I, as our indoor facilities remain closed.

FALL I SEASON: Monday, 9/21/20 – Friday, 11/20/20

Boys Varsity & JV Golf
Boys & Girls Cross Country
Boys Varsity & JV Soccer
Girls Varsity & JV Soccer
Varsity & JV Field Hockey
Football (Practice only, starting 9/28/2020)

FALL II SEASON: Monday, 2/22/2021 – Sunday, 4/25/2021

Football (levels TBD)
Volleyball (levels TBD)
Football Cheerleading

Additional Information

- Most teams will play approximately 8-10 games (league only)
- Each sport will have a league tournament at end of regular season
- Online registration for Fall I sports is now open: <https://www.familyid.com/nauset-regional-high-school/high-school-fall-athletics-2020-4> - Please register ASAP!
- Student-athletes will need an in-person physical within the last 13 months in order to participate in athletics. Details regarding registration, physicals and impact testing can be viewed here: <https://nausetsports.org/main/otherad/contentID/35854748>.
- Practice schedules and transportation logistics are still being finalized
- Game schedules and the latest department information can be viewed on www.nausetsports.org
- Parent/Athlete Preseason Meeting is scheduled for Tuesday, 9/15 @ 7pm (virtual)

Despite the glaring sport modifications, shortened season and other challenges, we are excited to offer a fall sports program at Nauset Regional High School. Our goal is to provide a great experience for all of our student-athletes, with the health and safety of all remaining as our top priority. I thank you for your patience, flexibility and support as we continue to navigate our way through this process. Please do not hesitate to reach out with any questions you may have.

John Mattson
Director of Athletics